

December 2011

BCACC NEWS

BC Association of Clinical Counsellors

2012 Membership Renewal Due January 1, 2012

All members should now have received their **2012 Membership Renewal Package by email (or mail for those who do not have email)**. If you haven't received your package contact Andrea in the Victoria Office at andrea@bc-counsellors.org or phone 1-800-909-6303 ext 0.

NEW! Submit your membership renewal via email. Complete and save the fillable PDF, then attach it to an email addressed to hoffice@bc-counsellors.org. Please scan and attach any supporting documentation (i.e. status change forms, current insurance certificate) and include it with your renewal form.

PLEASE NOTE members must verify their contact and profile information at least once per year. You can do this online at: www.bc-counsellors.org/members/irmprofile.aspx with your BCACC username and password. If you do not know your username and password, please contact Head Office: 1-800-909-6303.

EMAIL, FAX, OR MAIL YOUR RENEWAL FORM AND FEES BY JANUARY 1, 2012.

Fees can be paid by cheque, money order or credit card (Visa, Visa Debit, or MasterCard).

Please help us process your renewal more efficiently:

- **Send your renewal form and payment(s) together.** We cannot process one without the other.
- If using our new electronic renewal option, **scan all supporting documentation and attach it to the email with your renewal form.**
- **Write your membership number on all cheques.**
- **Sign all required places on the form.** If your signature is missing, we will return your form.
- **Include a current copy of your liability insurance coverage.** Proof of current insurance is a requirement of membership per BCACC's bylaws and we cannot process your renewal without it.
- **To change your membership status,** you must complete a change of status form, in addition to your renewal form. Contact our staff in Head Office *before* you send your renewal form and an appropriate status change form will be sent to you, which must be returned with your renewal form and payment.
- **A special note regarding Inactive membership.** Only those members who *will not practice clinical counselling (private practice, or otherwise) as defined by BCACC's Scope of Practice for a minimum six months* may qualify for Inactive membership.

Thank you!

Nominations, Offices and Elections 2012

Any registered member of the Association, in good standing, is eligible to stand for nomination and vote for candidates. Members should stand for one position only. Regional Vice-Presidents are nominated and voted for by members in their region.

There are several key Board positions open for 2012. Under current Bylaws directors will hold office for a term of two years (currently under review, with a proposal to go to three-year terms). Interested candidates will be aware of the transitional times that the Association is moving through, and the many challenges before us. All Board positions are **very time and work intensive** and candidates **must** be able to make a sizeable time and energy commitment. The following Board positions are open:

President Elect	Chair, Registration	Vice-President, Region 2
Chair, Continuing Competency	Chair, Inquiry	Vice-President, Region 3
Chair, Ethics and Standards	Chair, Discipline	Vice-President, Region 5

Successful candidates will assume office at the Association's Annual Business Meeting, March 23rd, 2012.

Nominations and Elections Schedule

Call for Nominations

BCACC NEWS Winter Issue December 2011

Nominations Deadline: February 3, 2012

Ballots (if necessary)

Out: February 27, 2012

Deadline for Return: March 13, 2012

Report to Annual Business Meeting

March 23, 2012

Position Descriptions, Nomination Forms, and Biographical Information Forms are available and distributed through the Victoria Office, 1-800-909-6303 or E-mail: aina@bc-counsellors.org.

The following positions continue for 2012: President – Duncan Shields; Executive Vice-President – David Paterson; Committee Chairs: Legislative Review – Glen Grigg, Member Services – Lida Izadi; Regional Vice-Presidents: Region 1 – Chris Stasiuk; Region 4 – John Fraser; Region 6 – Barbara Ingram.

A Word From Your President

Duncan Shields

Mental health is essential to physical health, personal well-being, and positive family and interpersonal relationships.

*Healthy Minds, Healthy People
BC's Ten Year Mental Health Plan*

At the time of our last *BCACC NEWS* update, we were adjusting to extensive changes on BC's political landscape, including a newly elected Premier, a new Minister of Health and a newly appointed Cabinet. As a result of these changes, and an election predicted for fall 2011, we were watching carefully for public policy changes impacting BC counsellors, and for changes in government commitment to implementation of the new Mental Health and Addictions Plan (the Plan).

Since that time, the Premier announced her plan for government to stick to a legislated fixed election date – meaning British Columbians will not go to the polls

until May 2013. Although the lack of a publicly debated policy platform may present some challenges to having a clear sense of what direction the government wants to take, the Premier did commit to continuing with the implementation of the Plan and to ongoing consultations with members of the health care professions. Evidence of this continuing commitment to implementation is the recent establishment of a new Ministry of Health, Healthy Minds, Healthy People Directorate that will oversee the Plans implementation.

Mental health and substance use problems have a significant impact on the people of

BC. Over any 12-month period in BC, about one in five individuals will experience significant mental health and/or substance use problems leading to personal suffering and interference with life goals. One goal of the Plan is to address this need, emphasizing an “upstream” focus that seeks to expand preventative initiatives, identify at risk individuals earlier, and increase access to early intervention. This policy focus presents the BCACC with an opportunity to demonstrate an alignment between a proposed College of Counselling Therapists and current health policy. Given that the current government intends to serve until at least 2013, giving BC a period of relative political stability ahead, this is an opportune time to strengthen our push for government to recognize and regulate counsellors.

As you may recall, last May, the Task Group met with Ministry of Health Legislative and Mental Health staff, and representatives from the Canadian Professional Counsellors Association. During that meeting, Ministry staff asked us to submit information pertaining to counselling “risk of harm” to inform their recommendations regarding the establishment of a College of Counselling Therapists. Government had previously taken the position that there was no proven risk of harm in counselling activities – which meant that counselling did not pass the threshold test for regulation in BC and could not be regulated as a health profession. After extensive work by our counsel, George Bryce, and an excellent response from our membership to our online survey, our Risk of Harm submission was delivered to the Ministry in late September.

We now await review of this submission by Legislative staff, and their decision about whether they will recommend regulation of the profession. We expect this decision to be delivered in early 2012. Once that recommendation is made, whether for or against regulation, the Task Group partners will use that revised government position to call on elected representatives to recognize and regulate counselling through the formation of a College of Counselling Therapists. This would significantly increase system capacity by including counsellors within a full continuum of services. Regulation would also clarify and expand choice of service provider for the public, and reduce

costs to the public as interventions move upstream and counselling becomes more accessible through private extended health insurance plans.

There is much work still to do, but it is gratifying to see that government is taking our proposal seriously and has dedicated staffing resources to the counselling “file”. My continuing thanks to you all for your contributions in your communities. Your work creates the strong foundation and reputation necessary for our public policy initiatives. The reports that follow speak to the efforts taking place on your behalf throughout our regions and in our head office. I encourage all of you to find your place within our association, to attend association events and get involved as we work together to build the profession of counselling in BC.

...putting families first means making health care a top priority for government.
Premier Christy Clark

Executive Director's Report

Jim Browne

Legislation

With this writing we are waiting to hear of the Ministry of Health Services decision on designating a BC College of Counselling Therapists.

Following a very good meeting with representatives of the Ministry in May 2011, we submitted a very comprehensive paper on “Risks of Harm Associated with Unregulated Counselling Therapy Services”. This was to be reviewed by Ministry staff (at the Executive Director and Director levels), with a recommendation to the Minister.

We are reminded that, elsewhere in Canada, Quebec has been regulating Counsellors in statute since the 1970s. Nova Scotia recently Proclaimed “An Act Respecting the Practice of Counselling Therapy” (October 11, 2011). Ontario has a Transitional Council guiding the development of its “Psychotherapists and

Registered Mental Health Therapists Act” that utilizes a competency-based registration model similar to the one that we have proposed for a BC College.

BCACC has a number of resources that could be readily adopted by a BC College: Inquiry procedures that have been modeled after the Health Professions Act; a Code of Ethical Conduct based on Universal Ethical Principles; state-of-the-art Clinical Practice Standards, and an extensive compendium of legal issues articles.

In addition, BCACC has a well-developed infrastructure, driven by an established business model (Board Governance Policy), and a skilled administrative support team. All of these can contribute to the development of a BC College of Counselling Therapists.

Ethics, Standards and Legal Issues

Members are encouraged to review the wealth of available information posted on our website. If you still have a question, give me a call.

Office of the Registrar

Angela Burns, Registrar

General Administration

As we move toward the end of 2011, I find myself reflecting about changes in the regulatory arm of BCACC this year.

Both the Registration Committee and the Inquiry Committee have undergone procedural changes and clarifications during workshop retreats. The regular workload demands combined with time constraints for the volunteers means that policy and procedure modifications are best tackled as stand-alone and dedicated undertakings. Each set of Committee members added an additional weekend of volunteering to tackle issues in ways that allowed full and measured discussions. The procedural changes that resulted have been welcomed by all involved. Shirley Halliday, Chair of Inquiry, Joan Campbell, Chair of Registration, and I are satisfied that this was time well spent! Both of these Committees are undergoing changes in membership. The

Registration Committee said goodbye to both Kathy Lauriente and Eileen Burkholder. Kathy was a member of the Registration Committee for almost 10 years – joining the Committee almost before the ink on her ‘welcome to BCACC letter’ was dry! She also spent three years as the Chair of this Committee, using her sensitive, group process skills to benefit discussions at the Board meetings. We will miss Kathy’s ability to reduce sticky, complex issues to their bare bones, her skill in streamlining bulky process and procedure, her intelligence, patience and above all, her contagious sense of humor! Eileen was on the Committee for three years and participated in the complicated process of understanding and articulating understandable procedures for reviewing substantial equivalence. Eileen demonstrated consistent meticulousness in her file reviews. She will be missed by all of us. We celebrated their contributions, reminisced and said our farewells at the October 2011. This Committee is in the process of adding four new members to tackle the increase in workload. We will be welcoming them at the January 2012 meeting.

The good news for the Inquiry Committee is that the Registration Committee’s loss (in part) has become their gain – Kathy Lauriente was approved as the newest member of this Committee at the October Board of Directors meeting.

Reinstatement Changes have been postponed until 2013 due to the workload of the Legislative Review Committee.

Renewals

Are now available for electronic submission.

A snapshot of the Association on October 31, 2011

Total members: 2357; Active: 2151; Inactive: 162; Student rate: 43; Honorary: 1

By Region: 0 (out of province) 73; 1 - 165; 2 - 333; 3 - 176; 4 - 1066; 5 - 438; 6 - 106

Inquiry

Between January 1 and November 2, 2011, we received four complaints. We had two cases under review, closed nine cases, completed one consent agreement,

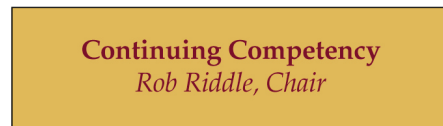
negotiated two new consent agreements and completed one investigation.

Registration

We sent 90 applications to the October meeting of the Registration Committee.

Deceased Members

H.Digby Clarke, Member since July 6, 2010, living in Victoria – passed away in October 2011.



The Continuing Competency Committee met in September to complete the details of the Continuing Competency Program. It was then presented to and approved by the Board of Directors in October. The implementation of this program will begin in 2012.

Only one-third of the membership will start that year and the other two-thirds in the second and third years of the program. An evaluation of the program's effectiveness will be carried out on an ongoing basis and at the end of the three years. We welcome members’ input at any time, as the program is implemented.

The committee will meet again in January to focus on Continuing Educational requests and on developing continuing educational opportunities on ethics and standards.



At its October meeting, the Board of Directors approved the new **Standard for the Use of Technology in Counselling**. This Standard is, as far as we can ascertain, unique in that it incorporates a large number of ways in which technology can be used in or can affect

your counselling work, from websites, blogs, and Twitter to virtual reality. While some counselling organizations around the world have addressed some of these issues, the BCACC appears to be the first to address them all in one comprehensive and up to date standard.

The Standard allows RCCs to continue to explore technology in counselling work, while suggesting ways in which this can be done with the greatest safety to both client and therapist.

Other initiatives continue to progress. Along with some new guidelines, the current work is in examining the feasibility and appropriateness of developing documents that have been suggested by members and others.



Usually I report on the work of the Inquiry Committee by telling you about the number of complaints we are dealing with, the members of the Committee, and from time to time some issues that has been taken to the Board, or new Board approved policy or standards of practice that guide and support the work of the Committee. In this report, I will instead tell you about a workshop the Committee had at the end of September.

We met in Victoria (Friday evening 30 September, Saturday 1 October and Sunday morning 2 October) with the purpose of having a focused time to deal with matters and issues that require time and thought; more time and space than our regular meeting time provides for (because that is taken up doing case file work). In addition to house-keeping matters (for example: review of the standardized letter forms, specific details, especially with time lines in negotiated Consent Agreements, and reflection on our process), other issues we looked at included: third party complaints, the issue of multiple complaints, broadening the field for possible supervisors to include other mental health professionals in addition to AAMFT supervisor qualifications, and a policy development issue concerning disclosure to complainants. We also talked briefly about what happens to us when we become a college.

It is beyond the space permitted to comment on each of these, so I will provide reflections on two topics - multiple complaints and what happens we become a college.

Multiple complaints

BCACC does not have a policy to deal with this difficult and complicated situation. It is distressing at times to see complaint after complaint arrive on the table, and the 'multiple' aspect not able to be addressed. I understand that a frequently asked question in the New Member Orientation workshops is about this very issue.

Guidance provided in the Bylaws (Bylaw 79) deals with the situation of appointing a fitness to practice panel when there is reason to believe that a member may be incapacitated. It has been established in the common law that such a provision applies only to drug related and diminished mental functioning. BCACC or any other professional group cannot expand the interpretation of this type of Bylaw.

Here are some thoughts the Committee discussed at its workshop:

- The broader concept of competencies may be helpful in trying to address the issue of multiple complaints. For example, it may be more feasible to identify a pattern of behaviour(s) that contributes to complaints being made against a counsellor or therapist.
- We are aware that it is unacceptable to develop policy in terms of number of complaints (as it is recognized that some counsellors and therapists provide services in areas that may attract complaints, such as custody and access). However we would like to propose a 'threshold' for taking action that would be comprised of number of complaints plus seriousness involved with the resolution of the complaints and all of this happening within a specified period of time. More specifically a possible threshold could look like: three complaints, each of which was resolved with a Consent Agreement, and this occurred within a five year period.
- Reaching such a threshold would trigger an action, that for the moment we are conceptualizing as referral to a Practice Review Committee. Such a mechanism does not exist currently.

There would need to be Bylaw support for such a mechanism, and clearly much reflection and thinking through if this could work for BCACC.

- The Committee is clear that it is important, if not absolutely necessary, to keep the boundaries between the work it does and that of the Discipline Committee separated. Thus, it does not seem appropriate that the Inquiry Committee would initiate an action which would be construed as disciplinary. The conditions for the issuing of a Citation to the Discipline Committee need to be further clarified.

The Committee would be interested in your thoughts and ideas. You can address these to the Inquiry Committee, in care of the Registrar (Angela Burns) at Head Office in Victoria (aburns@bc-counsellors.org).

When a college comes into being

Have you wondered about what happens to the regulatory part of BCACC when a college comes into being? In general terms:

- Current operations would likely wind down over a two year period
- BCACC members would likely be ported into the college
- There would likely be a cross-over period, with complaints happening after the college is proclaimed under the Health Professions Act (HPA), and prior complaints, all needing to be resolved by the Inquiry Committee until the College could assume the work.
- The mandate of the BCACC Inquiry Committee would expire once the above work was completed, and the College could step in
- The positions of the Registrar and Deputy Registrar would cease to exist on the BCACC side and would be created on the College side
- The college would post the above and all official positions out to tender.

We are left with the question: who do we look to for the wind down period of time?

Legislative Review

Glen Grigg, Chair

Complaints Against Members of the Board and BCACC Committees

The Board considered policy initiatives aimed at having a planned and orderly response when a member of a committee or the Board of the BCACC is the subject of a complaint by a member of the public. Such a situation puts two of the primary purposes of the BCACC—service to the membership and service to the public—in a relationship of potential conflict. The public's interest lies with making the complaint process as objective and free from extraneous influence as possible, while the membership's interest lies with having duly elected or appointed members of a deliberative body carry out their duties. The policy under consideration is to have those who are the subject of complaint, and who are also members of committees or the Board, take a temporary leave so that they are not making any decisions that could directly influence their own situation. To separate relationships from due process, the policy also calls for the complaint process to be carried out by personnel who do not have a relationship, whether personal or collegial, with the member in question. The many interests in such a situation, together with the high potential for conflicting interests and dual relationships, highlight once again how challenging it is to regulate counselling in the absence of a statutory college.

Project Working Group: Non-renewal of Human Resources and Skills Development Canada Funding

The BCACC has partnered with the CCPA to participate in the Project Working Group, a national representative committee setting model definitions and standards for counselling in Canada. The value of this work is that, given that it is national and provincial policy that professionals be able to move from place to place in Canada with a minimum of restriction, having common titles, scopes, ethical codes, and standards of practice is an essential feature of a regulatory environment.

This initiative has yielded a well-validated definition of counselling and psychotherapy, a nationally endorsed

scope of practice, and a framework for practice standards and ethical principles.

This work was funded by the federal government through Human Resources and Skills Development, and the austerity program undertaken by the current government has been given as the reason that this initiative is no longer being funded.

Provincial Initiative to Regulate Counselling

Determined work toward statutory regulation continues, and this summer's efforts included teamwork to produce a report for the provincial government on the risks of harm inherent in unregulated counselling.

Member Services

Lida Izadi, Chair

Current Committee members: Lida Izadi, Deb Braun, Mimi Hudson, Susan Burak, Judy Simonett, and Lida Bahrami.

Projects Update

Public Presentation Project

The Skills for Mindful Living Series continued in September, after a summer break, with Candace Plattor speaking on Loving an Addict, Loving Yourself. She offered workshops on September 13 and 15 at the Adler School and West Vancouver Community Centre.

Given the specific interests and needs of our participant groups Candace tailored her lectures for each location. Tuesday's lecture at the Adler School was primarily geared toward counselling students and professionals while Thursday's workshop was geared to partners, family members and friends in relationship with persons with addictions. We had 52 attendees at the Adler School location and received very positive feedback. At the West Vancouver Centre we had only 15 people in attendance. On October 11, a panel of practitioners from Alyson Jones & Associates presented on the topic of "Assisting Families through Divorce & Separation: Navigating the pitfalls and challenges," to 75 attendees. In the West Vancouver location 43 people attended on October 20 for Carla Haber's workshop

on "Disordered Eating: A Faulty Relationship with Food."

We have developed the 2012 Workshop calendar for two locations:
Vancouver:

Jan 10 – Gloria McArter – *The Spirit of Worth: To Honour and Embrace the Healing Soul*

Feb 7 – Susan Burak – *Couples Mediation*

Mar 6 – Patrick Myers – *Pain Management*

Apr 17 – Jose Guerrero – *Emotional Aspects of Money Management: The Mindset Between Economic Health or Constraint*

May 8 – Pauline Carey – *Anger Management*

Sept 18 – Claire Sutton – *Prime*

Investment: Work/Life balance

Oct 16 – Michelle Morand – *Eating disorders*

Nov 13 – Kathleen Rea & Susan Poitras – *ADHD*

West Vancouver:

Jan 19 – Ross Laird – *Technology Addictions*

Feb 16 – Jim Skinner – *Talking to Teens about Difficult Topics*

April 19 – Mark Morissette – *Calming the Anxious Mind*

May 17 – Alyson Jones – *Assisting Families in Navigating Separation & Divorce*

Sept 20 – Alyson Jones – *Understanding and Assisting your Child with Anxiety*

Oct 18 – Chassidy Karpiuk – *Addiction and its Impact on Families: Tips for Sanity*

Nov 15 – Deb Braun and Nicole Maier – *Vibrant Despite Illness*

In response to requests from RCCs in Regions 3 and 6, we hope to broadcast the workshops through YouTube. We are looking for a technology savvy RCC in Region 4 or 5 who could attend and record the presentations, and post them on YouTube so that our members throughout the province can benefit from these workshops. There have also been requests for certificates of attendance by mental health professionals attending the Skills for Mindful Living Series.

The **Youth Project** encountered some challenges over the summer. I met with the youth committee on June 25 to review the youth project, plan the steps ahead, and introduce the members to our new volunteer coordinator Tareq Lafti. As a result, the workshop flyer was updated, the movie list was reviewed and modified, and members of the committee accepted tasks. We booked the room at the West Vancouver Community Centre through our liaison and confirmed with Ross Laird

that he would present on 'technology and youth' after screening the movie, "Face Book". Unfortunately we experienced logistical challenges in getting the October 17th Youth Movie night up and running. We had to re-negotiate all details with West Vancouver regarding the Youth Project due to changes in our youth committee and our liaison at West Vancouver Community. Coordinating a meeting with staff proved impossible. Accordingly, we postponed the first youth movie night until the New Year and now we look forward to launching this worthwhile youth initiative in 2012. To date, the project has taken a lot of effort from all involved and it has been a major disappointment for everyone, especially the youth committee, to see it postponed again. We might consider offering the project in a different location next time.

We held our first Multicultural

Workshop on July 14 at the community room of the North Shore Resource Centre (NSRC). There were 45 attendees – 15 over maximum capacity! **Ali Hooman**, a Farsi-speaking RCC, presented on family relationships and received lots of positive feedback. **Pooneh Mahdavi's** October 14 workshop on Stress Management was equally well received. There were 37 people in attendance. **Lida Bahrami** did an exemplary job of coordinating the workshops. We plan to offer four workshops in Farsi in 2012. The first workshop is booked for February 3 at NSRC.

The Translation Project was another focus for us during the summer. We completed Farsi and Chinese translations of BCACC's brochure earlier this year. Thanks to **Yvonne Robles-Zertuche** (translator) and **José Guerrero** (proof reader), we now have a Spanish version of the brochure. City University volunteer, **Deshpal Grewal** completed the translation of the brochure in Punjabi. An Urdu translation by **Muzaffar Syed** will be ready by the end of November 2011. On behalf of the Member Services Committee and the membership I would like to extend my appreciation to our contributing RCCs for this invaluable work.

In closing, I would like to thank the Member Services Committee for their continued efforts in advancing our projects and goals. I also thank all the RCCs who contributed their time and

expertise to the Public Presentation Project. I welcome **Susan Burak** and **Judy Simonett** to the committee, and offer my best wishes to **Jorge Gongga** and **Tareq Lafti** who could no longer work with us. I would like to thank **Mimi Hudson** for her continued presence and help with the West Vancouver Mindful Living Series. Last but not least, I want to acknowledge **Deb Braun**, my assistant, for her dedication to the Public Presentation Project's community workshops. She has been instrumental to the success of this project. I cannot thank her enough.

Registration
Joan Campbell, Chair

It has been a busy fall for the Registration Committee. We have had two members leave us. **Kathy Lauriente** has stepped away from the committee after almost 10 years of serving as a member and chair. **Eileen Burkholder** has left after serving for three years. Their membership on the committee has been invaluable and they will be truly missed. We couldn't let them leave without celebrating and so that was an integral part of the October meeting! Goodbye to both of you and thank you so much for your diligence, wisdom and participation.

Kathy and Eileen's departures have left us with additional openings on the committee and we are in the process of welcoming onto the committee three new members at this point. We are waiting for their appointments to be made official by the Executive Committee. We are also looking for another member to represent Region 3. That search is underway and we hope to have all four new members join us for the January meeting.

Another issue that has been of concern to us is the interpretation of the qualifications of the Clinical Supervisor. We apologize for the difficulties that applicants may have experienced in trying to make sense of them. We hope we now have those qualifications clearly stated on the forms and on the website.

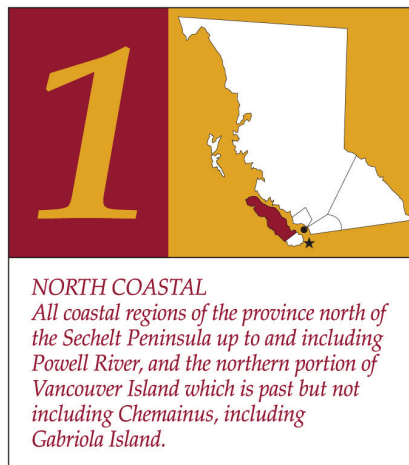
There are upcoming changes proposed for how the Registration Committee will deal with Criminal Record checks in the future. Those details are still being worked out but the intention is to try to ensure that

applicants don't have to redo their CRC's because their file has been in process for longer than 6 months, which is the "shelf life" of a CRC.

We continue to attract a large number of counsellors wanting to become members, and our October meeting saw a near record number of 90 files come forward for review.

Regional Reports

Region 1



NORTH COASTAL
All coastal regions of the province north of the Sechelt Peninsula up to and including Powell River, and the northern portion of Vancouver Island which is past but not including Chemainus, including Gabriola Island.

North Coastal
Chris Stasiuk, VP

Our August 12 and 13 workshop entitled, "The Borderline Personality and The Search for the Real Self" turned out to be a tremendous learning opportunity. We had 74 attendees and it seemed like most of them appreciated this opportunity very much, and took the time to personally to thank **Loray Dawes**, **Bobbi Laird**, and myself at some time during the event. We gained a great deal of information not only on the borderline but also on topics of sex addiction, trauma, narcissism, schizoid, and therapeutic relationships. The great benefit of having eight very seasoned presenters from all over the continent was not only because of the wide range of knowledge and many clinical insights but also in their graciousness in sharing mistakes (some of which were humorous because of the humanity of us all). I came away not only

with a great deal of knowledge about disorders of the self but also more confidence in myself as a therapist, which I believe is priceless. Loray is already busy getting a lineup of presenters to speak at a three-day conference for next year which would have a day each to focus on the disorders of Narcissism, Schizoid, and Borderline. The morning would be dedicated to theory and the afternoon to therapeutic technique. I would like to thank Loray and Bobbi Laird for their hard work that made this a great success. I am also working toward acquiring a presenter(s) who can teach advanced techniques for Acceptance and Commitment Therapy for next April.

Our region is in need of someone who would be available to regularly schedule informal meetings within various areas of our Region for the goal of helping to build a community of connected counsellors. I am looking for someone who would like to take responsibility for organizing at least three meetings a year. Please let me know if you have a passion to see this accomplished within our region. My email is cpstasiuk@gmail.com. Our Association would like to place more emphasis on the services that we can provide to our members as a large organized body, with the goal toward increasing those services, so I think this would be a great venue for gaining information of what we need as members of the BCACC.

Finally, I hope that everyone has an enjoyable and relaxed holiday season with their family and friends so that you may be open for growth, challenges, and great success with the people that you will be working with in the New Year.

Region 2



SOUTHERN VANCOUVER ISLAND
All regions of the island south of and including Chemainus, and the Gulf Islands south of but not including Gabriola Island.

Southern Vancouver Island

Lee McLeod, VP

Let me begin by introducing to you, and very much welcoming, two new members of the Region 2 Council: **Dawn Rabey** and **Geoff Mathews**. With gratitude, as well as sadness, I also note the departure in the last few months of **Monica Kingsbury** and **Elizabeth Chambers**, the former my predecessor as Regional Vice-President and the latter a long-serving member on the Regional Council.

The speaker for our annual Educational Event February 18, 2012, will be **Stephen Madigan** of Vancouver, an internationally known presenter on Narrative Therapy. Early bird registration for this day-long event will close January 9th. Check your email for details.

Counsellor Cafés began again this October, with **Marilyn Murdock** presenting on Compassion Fatigue. Cafés, for those new to BCACC or to the region, are informal gatherings, of usually 15 – 25 of us, featuring presentations and discussion on widely varying topics of interest to counsellors. When you read this in December some of you will have attended the second café featuring **Berns Galloway** on Somatic Experiencing.

Our Café line up for the new year includes **Marcia Burton** on Hakomi in January, a presentation later in the spring on Satir work, and possibly—the latest proposal we've received—one on collaborative family law. We've also approved in principle having a special Salt Spring Island 'café' again this year in June.

Do you work in an agency or for government, rather than—or as well as—in private practice? We are planning to

survey RCCs in Region 2 about how BCACC could better serve these members.

Finally, I'll just note that BCACC membership is growing rapidly on the South Island just as it is in the province as a whole. As of the last Board meeting, there were 298 RCCs in Region 2.

Region 4



LOWER MAINLAND NORTHWEST
This region includes Vancouver, Burnaby, North and West Vancouver, Richmond, Port Moody, Coquitlam, Port Coquitlam, New Westminster, all regions up to and including Whistler, and the Sechelt Peninsula.

Lower Mainland Northwest

John Fraser, VP

Regional Council Representatives

The current list of Regional Council Representatives for Region 4 includes the following members: **Jerry Arthur-Wong, Geoffrey Ayi-Bonte, Marilyn Beloff, Deborah Braun, Jennifer Campbell, Nancy Downes, Jeff Fisher, Jose Guerrero, Sara Kammerzell, Betty Rainford, Diana Romer, Elaine Roth, Jennifer Scott, and Jo-Anne Weiler.** **Jeff Fisher** recently joined the regional council on September 1, 2011. This brings the current number of Regional Council Representatives for Region 4 to 14. Region 4 has been allocated a total of 24 Regional Council Representatives so there are still spaces for more representatives. In this respect, we are still looking for more volunteers to help organize and facilitate regional events. If you are interested in becoming a Regional Council Representative or would like further information regarding this volunteer position please feel free to contact John Fraser at (604) 602-0890 (office) or at johnfsi@telus.net (e-mail).

Region 4 Workshops

At the time of writing this report, the topic for the Region 4 Spring 2012 workshop

was not yet determined. When it is available, further information regarding Region 4 workshops (location, synopsis, registration details, etc.) will be provided through BCACC broadcasts and the BCACC website.

Counsellors' Café II

A new coordinator for the Café has yet to be found so the Counsellors' Café is not currently running. The Cafés were volunteer-driven events that provided a great service to the BCACC membership. They were an excellent opportunity for BCACC members and other colleagues to present on their skills and areas of expertise. They were also a wonderful opportunity for BCACC members to network in a relaxed and informal setting. If you are interested in coordinating a Café in your area please email John Fraser at johnfsi@telus.net or call 604 602-0890.

Disaster Psychosocial Services (DPS)

The Disaster Psychosocial Services (DPS) Program is recruiting volunteers to provide psychosocial response services for citizens and emergency responders impacted by emergency and disaster situations across the province of British Columbia. If you are interested in becoming a volunteer, you will need to fill out a DPS application and also to have completed some training. This training is not too extensive and is available online for free. If you are interested in applying to be a volunteer with DPS, or if you would like some further information, please send an email to John Fraser at johnfsi@telus.net or call 604 602-0890. An application form will be sent to you, as well as some further information on DPS. Thank you very much for taking the time to consider volunteering for DPS.

The two required online training courses can be found by going to the following websites.

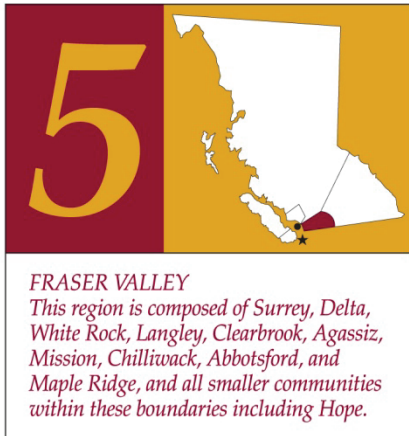
Introduction To Emergency Social Services (ESS100) -

<http://jibc.ca/course/ess100>

Introduction To Disaster Mental Health -

http://nccphp.sph.unc.edu/training/nc_dm/

Region 5



Fraser Valley Nikki Pawlitschek, VP

Another summer has gone by and it is now fall, although it was like summer had come back again in the first two weeks of September. There is actually not that much to report for Region 5 as we are presently looking into possible workshops/presentations. As soon as we have finalized the details, more information will be forthcoming.

Regional Council Representatives

The current list of Regional Council Representatives for Region 5 includes the following members: **Gord Auld, Leila Lanteigne, Gerry Bock, Patricia Dubberley, Barbara Faris, James Logan, Helen Peters, and Muzaffar Syed.**

Charlaine Avery stepped down as a Regional Council Representative for Region 5, after serving on the Regional Council for 10 years. She has been an active and vital member, and I would like to extend a special "Thank You" to Charlaine for her considerable contributions to the region. It was my honour to have known her for the time I did and she will be missed by all.

I would also like to welcome **Leila Lanteigne** to the Regional Council. Leila brings invaluable experience with her, as the former Vice-President, Region 6. We are fortunate to have her join us.

Region 5 has been allocated a total of 12 Regional Council Representatives so there are still spaces for more representatives.

If you are interested in becoming a Regional Council Representative or would like to volunteer to organize and facilitate regional events, please feel free to contact Nikki Pawlitschek via e-mail: npawlitschek@hotmail.com.

Region 6



Interior North Barb Ingram, VP

This is a very exciting time to be a part of BCACC. I am enjoying my role as Region 6 VP – as I share, and grow, through my Association with members of the Board of Directors; Regional Council; Staff of BCACC; and of course, all my RCC colleagues. I would encourage all RCCs to become active members of this association – in whatever capacity you are able to offer to us. I am inspired by each member's diversity, experience, and knowledge! As well, your guidance to our professional growth is essential and welcome.

Nomination and Recruitment Policy Committee

Our committee continues to work to enhance, and maintain, an exemplary standard of governance. We plan to engage the knowledge and experience of the Delegate Council at our March 2012 meeting. This year, Region 6 will bring three representatives to the March meeting.

Regional Council Representatives

Our Regional Council Representatives continue to bring networking, training, and planning opportunities to our region. Our Reps are: **Ryan James** (Prince George); **Ava Perraton** (Clearwater); **Michael Koehn** (Kamloops); and **Ralph Wright** (Prince George/Williams Lake).

We are actively recruiting two additional Reps. If you are interested in becoming a Regional Council Representative or would like to inquire about any type of participation in BCACC within Region 6 please contact me.

Continuing Competency Committee (CCC)

Rob Riddle (CCC Standing Committee Chair) is our Region 6 Rep on this Standing Committee. We are very privileged to have Rob's expertise for this Standing Committee. **The CCC continues to accept applications for assisting with funding for CE events in Region 6. If you have any ideas, or inquiries regarding possible workshops in Region 6 please contact me.**

Kamloops Public Presentation Project

The Public Presentations are becoming a continuing presence in Kamloops. Many thanks to **David Darwin** and **Michael Koehn** for coordinating this Project. If you would like to offer your services to this Project please contact **Michael Koehn at (250) 819-1313 or mkoehn@mindteams.com.**

Disaster Psychosocial Services (DPS)

Region 6 is a *very* large geographical area that requires DPS volunteer representation from all our cities, towns and communities. Kamloops remains the exemplary standard for Psychosocial community collaboration in this province! However, there is a continuing need for more RCCs within this network – in all communities and cities within Region 6. **John Fraser (VP Region 4)** is the BCACC Representative on the Provincial DPS Committee and is recruiting RCC volunteers to provide psychosocial response services for citizens and emergency responders across BC during disasters. Your first step to recruitment as a volunteer is through the provincial application. Please request an application form from **John Fraser at (604) 602-0890 or johnfsi@telus.net.**

Peer Consultation Group in Kamloops

The Kamloops Peer Consultation Group is now meeting on a regular basis. If you would like more information about this group please contact **Michael Koehn at (250) 819-1313 or mkoehn@mindteams.com**

Special Event

A very special event was made possible through the support of **David Darwin** (RCC Kamloops) and **Michael Koehn** (Region 6 Rep); as well as Doug Lidster (TRU Counselling Department) and Doug Sage (Canadian Mental Health Association). Daniel G. Amen, MD (physician, child and adult psychiatrist, brain imaging specialist, bestselling author, Distinguished Fellow of the American Psychiatric Association and the CEO and medical director of Amen Clinics, Inc. (ACI) in Newport Beach and the San Francisco area, California, Bellevue, Washington and Reston, Virginia) delivered an exciting presentation on brain health and wellness in Kamloops, October 20th. There was no cost to RCCs who were able to attend. Many thanks to David and Michael for creating spaces in this event for RCCs.

Concluding Thought

In Region 6 we have challenging barriers to networking conversations. We remain the smallest region in membership numbers and the largest region geographically. Please do not ever allow yourself to feel isolated from your BCACC community. I always welcome your comments, suggestions or solutions to any communication issue. Telephone or email me; I would love to hear your thoughts, ideas or just discuss any issues relevant to our profession.

(250) 992-1501 (home);
(778) 414-4404 (office);
barbingram@shaw.ca (e-mail)

IMPORTANT NOTICE

Save the Date!

Friday, March 23rd, 2012

B.C. Association of Clinical Counsellors

Annual General Meeting

3:30 p.m. to 5:30 p.m.

The Annual General Meeting is open to all Members of the Association.

Please join the Board of Directors for:

Presentation of Reports

Recognition of outgoing Directors

Appointment of new Directors

Presentation of Awards

Reception and Members' Forum

5:30 to 7 p.m.

Following the Annual General Meeting, you are invited to join your Board of Directors and Delegate Council Representatives for informal conversation.

Wine & Cheese will be provided.

The Coast Plaza Hotel & Suites at Stanley Park

1733 Comox Street

(near Denman)

Vancouver, BC

V6G 1P6

connecting with your association
who's who

BOARD OF DIRECTORS

President Duncan Shields
Executive Vice-President David Paterson

REGIONAL VICE-PRESIDENTS

Region 1 - North Coastal Chris Stasiuk
Region 2 - Southern Vancouver Island Lee McLeod
Region 3 - Interior South Kevin Ward
Region 4 - Lower Mainland Northwest John Fraser
Region 5 - Fraser Valley Nikki Pawlitschek
Region 6 - Interior North Barb Ingram

STANDING COMMITTEE CHAIRS

Discipline Barry Williscroft
Inquiry Shirley Halliday
Continuing Competency Rob Riddle
Ethics & Practice Standards Adrienne Mahaffey
Legislative Review Glen Grigg
Public Relations Jim Browne
Registration Joan Campbell
Member Services Lida Izadi

AD HOC COMMITTEE CHAIRS

Publications and Communications Review Jim Browne
Nominations and Recruitment Policy Barb Ingram

REGIONAL COUNCIL REPRESENTATIVES (alphabetically by region)

Region 1	Irene Champagne Monika Grünberg	Loray Daws Bobbi Laird	Brien Dolan Marie-Josée Piché	
Region 2	Susan Farr Monica Kingsbury	Susanne Hunter Geoff Mathews	Mitra Jordan Dawn Rabey	Jon Schwabach
Region 3	Carmen Carter Lisbet Rosenfeld	Kevin McMullen Leora Splett		
Region 4	Jerry Arthur-Wong Deborah Braun Jeff Fisher Betty Rainford Jennifer Scott	Geoff Ayi-Bonte Jennifer Campbell José Jaime Guerrero Diana Romer Jo-Anne Weiler	Marilyn Beloff Nancy Downes Sara Kammerzell Elaine Roth	
Region 5	Gord Auld Barbara Faris Helen Peters	Gerry Bock Leila Lanteigne Muzaffar Syed	Patricia Dubberley James Logan	
Region 6	Ryan James Ava Perraton	Michael Koehn Ralph Wright		

EXECUTIVE and ADMINISTRATIVE TEAM**BCACC Head Office**

#14 - 2544 Dunlevy Street, Victoria, BC, V8R 5Z2
Tel. 1-800-909-6303 (within Canada) or (250) 595-4448 Fax: (250) 595-2926
Web site: www.bc-counsellors.org E-Mail: hoffice@bc-counsellors.org
Office Hours: Monday through Friday 9:00 a.m. - 4:30 p.m.

Registrar: Angela Burns
Deputy Registrar: John Gawthrop
Executive Assistant: Aina Adashynski
Senior Consultant: Michèle Ashmore
Administrative Support: Carly Bisset-Covaneiro, Andrea Curran,
Donna Knee, Marci Zoretich
BCACC News Editorial Team: Aina Adashynski, Carly Bisset-Covaneiro
Marci Zoretich

BCACC Surrey Office

Executive Director: Jim Browne
109-15550 - 26th Ave., Surrey, BC V4P 1C6
Tel: (604) 535-8011 Fax: (604) 535-6261
E-mail: jim_browne@telus.net

2012 ANNUAL AWARDS

If you know of a person, or agency that qualifies to be nominated for an award in one of the following awards categories please forward your nominations to:

Dr. Jim Browne, Coordinator Awards Program
109 -15550 26th Avenue, Surrey, BC, V4P 1C6 jim_browne@telus.net

AWARDS CATEGORIES

BEV ABBEY VOLUNTEER AWARD

Recognizes an Association member who has been active in services or management, and/or has actively promoted the goals of the Association.

COMMUNICATIONS AWARD

Recognizes a member or organization from the media field who has provided regular, continuing, or special assistance in promoting counselling and/or mental health issues in the community.

PROFESSIONAL CARE AWARD

Recognizes a professional mental health worker (who could be an Association member) or agency who has exhibited special creativity and effectiveness in providing counselling or mental health care.

PRESIDENT'S AWARD

Recognizes distinguished contributions to the profession of counselling or the Association.

PRESIDENT'S AWARD

Recognizes distinguished contributions to the discipline of counselling through teaching, research, or advocacy.

Nominations must include the name and address of the person or agency nominated and supportive documentation. The deadline is February 13th, 2012.

**Awards will be presented at the Annual General Meeting, March 23rd, 2012
Coast Plaza Hotel & Suites at Stanley Park
1733 Comox Street (near Denman), Vancouver, BC**